

Mission Statement

“To Improve Holistically The Quality Of Life, Cultural Distinctiveness And The Strengthening Of Friendship And Co-operation Between Aboriginal And Non-aboriginal People In The Nicola Valley.”



Youth Services

*Youth Coordinator
Youth & Family Support Worker
Youth Outreach Peer Support Worker
Youth Cultural & Recreational Worker*

*Youth Advisory Committee
Youth Summer Student Opportunities*

*Ages: 6-11 years old; 12-18 years old;
15-19+ (Youth in Transition to Adulthood)*

Children under the age of 12 years old need to be accompanied by an adult or Groups may be limited to 5 children per Youth Worker for supervision purposes.

Office Hours:

*Monday–Friday
8:30 am – 4:00 pm
Fridays: 8:30 am – 3 pm
Closed for Lunch 12-12:30 pm and
STAT Holidays*

LGBTQ2+



Conayt Friendship Society

2164 Quilchena Ave
Merritt, BC V1K 1G7
Phone: 1-(250)-378-5107
Fax: (250) 378-6676
Email: reception@conayt.com

Youth Programs & Services

Ages: 6-11 years; 12-18 years, 19+
Youth in Transition to Adulthood

Together We Stand



Together We Are One

Youth Services

This Service is for adolescent youth, and youth in transition to adulthood. Parents and guardians are welcome.

Youth Programs Provide

- One to one support
- Group Support (age based: 6-11 years; 12-18 years, 19+)
- Lesbian, Gay, Bi-Sexual, Transgendered, Queer and questioning, Two-Spirited+ (LGBTQ2+) Inclusivity
- Cultural Activities
- Elder and Youth Engagement
- Education & Employment Support
- Life Skills Development
- Set Goals for Success
- Youth Justice Support through cultural and traditional practices
- Helpful Advice

Through the *Youth Advisory Committee* youth ages (12-18 years) are welcome to join and have their input into Youth Services provided.

How We Came To Be



The Term “Conayt” Originated From The Nlaka:pamux Or Ntlakyapamuk, The Thompson Language, Which Means “Helping Others.” In Keeping With This Philosophy, Conayt Has Built A Community Of Life, Cultural Distinctiveness, And Friendship And Cooperation Between The Aboriginal And Non-aboriginal Members In Our Community.

“We’re more than just a friendly place.”

Program Eligibility

- All Nations
- Ages: 6-11 years; 12-18 years, 19+ Youth in Transition to Adulthood
- Parents/Guardians welcome to support Group Activities
- Self, Community, Agency & Organization Referrals
- Voluntary service; Drop in’s welcome
- Lives in the Merritt area or surrounding 5 bands

Vision:

To empower youth to gaining their independence and become self sufficient. To provide youth services incorporating cultural, traditional, spiritual beliefs, and language.

A Referral form is available upon request.